



DECEMBER 3, 2023 1ST SUNDAY OF ADVENT

Stewardship Reflection

“Be watchful! Be alert!

You do not know when the time will come.” Mark 13:33

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

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MASS FOR THE SOLEMNITY OF IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY will be on Friday, December 8 at 7:00 pm. Everyone is welcome!



CHRISTMAS FOOD BANK HAMPERS. We are called to help those who have less than us. Please support this year's CHRISTMAS FOOD BANK HAMPERS by donating food, gift certificates for food, clothing and toys, cash, or cheque. You can bring:

1. Non-perishable food in the church lobby or in the front of the church office where the plastic containers will be placed during business hours.
2. Gift cards to the office during business hours or insert them through the mail opening on the door after hours or drop them off in the collection basket on Sunday.
3. Checks and cash can also be left in the church office or insert them through the mail opening on the door after hours.

Please submit gifts, cards and money **by Sunday, December 17, 2023.**

Grocery store gift cards, from *Safeway, Save on Food, Superstore, etc.* (\$50/person/household); gift cards in any monetary amount can be for the gifts as well, from different stores, for example: *Gap, H&M, Old Navy, Superstore, The Bay, Walmart, etc.* Thank you very much for your help.

PARISH OFFICE HOURS Monday to Friday, 9:00am-12:00pm & 1:00pm-4:00pm. For the sacrament of anointing outside of office hours, please contact **604-298-6111.**

PROJECT ADVANCE. We encourage all the parishioners to participate this year. To donate you can come to the parish office during office hours, on line <https://support.rcav.org/project-advance-2023/> or drop off your donation in the collection basket on Sunday. Once we reach the archdiocesan goal of \$65,000.00 all donations will be used for the New Office/Rectory Building Fund. **We have collected \$ 45,210.00** so far. Thank you for your support.



CHRISTMAS FLOWERS ENVELOPES. Special envelopes for offering to buy poinsettias to decorate our church are available at the entrance of the church. Your flower will be a gift to Baby Jesus. Thank you for your generosity.

ST. HELEN'S SCHOOL CENTENNIAL GALA fundraised \$50,000.00 for the school East Wing construction. Thanks to all donors, volunteers and staff members.

ST HELEN'S CWL wishes to thank all volunteers and parishioners that helped make their Christmas Craft Market and Poinsettia sales successful. A special thank you to the Knights, School Staff and wonderful bakers, all was sold; all those that **volunteered** to help sell tickets and kitchen duty.

St Helen's CWL: Collecting baked goods to deliver to downtown eastside, **Door is Open.** Baking drop off, Friday, Dec. 8th, 9am-4pm. Address, 3801 Dundas St. Delivery will be on Saturday, Dec. 9th. Contact Imma 604-773-2715 for more information.

St Helen's CWL Reminder: Poinsettia pickup, Dec. 9th, 10am to 2pm. Gym underground parking. Contact Imma 604-773-2715 for more information.

Gian-Samuel Scaglione, a part of **CATHOLIC CHRISTIAN OUTREACH (CCO)**, through Simon Fraser University will be attending Rise Up, a conference for young Catholics all across Canada. Financial Support is much appreciated to make this goal possible. For more information contact Gian-Samuel at 778-318-1711 or giansamuelscaglione@gmail.com. More information is available at cco.ca/riseup

SENIORS CLUB activities on **Saturdays, from 11:00 AM to 2:00PM in the Gym.** New members are welcome. For info call Elia, 604-299-0455.



HOST AND WINE . If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

“The Eucharist is a priceless treasure: by not only celebrating it but also by praying before it outside of Mass we are enabled to make contact with the very wellspring of grace.”
St. John Paul II

ENVELOPES FOR 2024 are available at the entrance of the church. Please pick up your set. Thank you.

PLEASE PICK UP THE 2024 CALENDARS in the church's lobby, donated by Bell & Burnaby Funeral Chapel and Kearney Funeral Home.

KINDERGARTEN APPLICATIONS for the **2024/2025** school year are now being accepted at St. Helen's School. Please submit a copy of your child's birth and baptism certificates with your application form. If you are non Catholic, please submit a birth certificate. Application forms may be printed from our website www.sthelensschool.ca. E-mail all applicants to Ms. Paulyn at secretary@shschool.ca

BULLETIN ADS AVAILABLE. IF INTERESTED, PLEASE CALL 604-298-4144.

BULLETIN SPONSOR OF THE WEEK. Please support **KAREN BASTOW**, one of the sponsors who brings to you this weekly Parish Bulletin.

YOU CAN DONATE by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
November 26, 2023	\$ 4,330.00	\$ 409.00	\$ 4,739.00
Thank you for your generosity!			

We Pray For

Saturday, December 2 [Weekday]

9:00 am – † Teresa & Vincenzo Santaguida, † Nieves Villanueva

4:00 pm – † Mary Olynk, † Carmelino Greco, † Giuseppina Santorelli, † Franco Luongo
† Rosaria & Luigi Bruno, † Daniel Coletta, † Yakov Fasolya

Sunday, December 3 [FIRST SUNDAY OF ADVENT]

8:30 am – In Hon. of Our Lady, Spec. Int. for Lena Pastega, Spec. Int. for Ernesto DiFonzo
† All Souls in Purgatory, † Elisabeth McKenna, † Elaine Dillon Fink
† Doriana Temolo, † Dr. Jose Dungo, † Lawrence Pimentel

10:00 am – Spec. Int. for Lena Pastega, † Ivan Madunic, † Caterina & Diego Rizzuto
† Pasquale & Vincenzo Miniaci, † Giancarlo Bagnasco, † Andreina Artuso
† Angelo & Concetta Battista, † Agostino Monteleone

11:30 am – Pro-Popolo

Monday, December 4 [St. John Damascene, Priest and Doctor of the Church]

7:45 am – † All Souls in Purgatory

Tuesday, December 5 [Advent Weekday]

7:45 am – † Susan Valee

Wednesday, December 6 [St. Nicholas, Bishop]

7:45 am – † Ed Sweeney

Thursday, December 7 [St. Ambrose, Bishop and Doctor of the Church]

7:45 am – † Frank Sweeney, † Floravista Achuela

Friday, December 8 [The Immaculate Conception of the Blessed Virgin Mary]

7:45 am – Spec. Int. for Roberto Martinez Pineda, † Rosa Ganache

7:00 pm – Mass In Honour of the Immaculate Conception of the Blessed Virgin Mary

Saturday, December 9 [St. Juan Diego Cuauhtlatoatzin]

9:00 am – Spec. Int. for Adriana & Noah House, † Dec. Mem. Of Viduya & Razon Fam.

4:00 pm – In Thanksgiving, † Benito Manzo, † Lorenzo Iameo, † Giuseppina Santorelli
† Paul Boroevich, † Franco & Giorgio D'Amico, † Sisto & Lina Marini
† Angelina Brustolin, † Doriana Temolo

Sunday, December 10 [SECOND SUNDAY OF ADVENT]

8:30 am – † All Souls in Purgatory, † Pete & Lucille De Marchi, † Elaine Dillon Fink
† Lance Mackie

10:00 am – † Domenico & Donata Cibelli, † Noe Mastroianni, † Vincenzina Battista
† Andreina Artuso, † Giuseppe Bresciani, † Bruno Benedet

11:30 am – Pro-Popolo



3 DICEMBRE, 2023 I DOMENICA DI AVVENTO

«Fate attenzione, vegliate, perché non sapete quando è il momento. Marco 13:33

MESSA PER LA SOLENNITÀ dell'Immacolata Concezione Della Beata Vergine Maria sarà celebrata venerdì 8 dicembre alle ore 19:00. Tutti sono benvenuti!



RACCOLTA DI CIBO PER NATALE 2022. Ogni anno in Avvento siamo chiamati ad aiutare chi ha meno di noi. Si prega di sostenere la Racolta di Cibo per Natale di quest'anno donando cibo, carte regalo (gift cards), contanti o assegno. Puoi portare:

1. Alimenti non deperibili nel corridoio della chiesa o davanti all'ufficio della chiesa dove saranno collocati i contenitori di plastica durante l'orario lavorativo.
2. Carte regalo in ufficio durante l'orario lavorativo o inserirlo attraverso l'apertura della posta sulla porta fuori orario.
3. Assegni e contanti possono essere lasciati anche nell'ufficio della chiesa, o inserirli attraverso l'apertura della posta sulla porta fuori orario.

Si prega di inviare carte regalo per cibo da Safeway, Save on Food, Superstore, ecc., e denaro entro **domenica 17 dicembre 2023.** *I certificati regalo possono essere anche per i regali, da diversi negozi, per i giocattoli e/o i vestiti – Gap, H&M, Old Navy, Superstore, The Bay, Walmart, ecc.* Grazie mille per il vostro sostegno.

ORE DELL'UFFICIO PARROCCHIALE. Orari di ufficio regolari dal lunedì al venerdì 9:00am-12:00pm and 1:00pm to 4:00pm. Per il sacramento dell'unzione al di fuori dell'orario d'ufficio, chiamate **604-298-6111.**

LE BUSTE PER IL 2024 SONO DISPONIBILI ALL'ENTRATA DELLA CHIESA. PER FAVORE RACCOGLIETELE.

SIETE PREGATI DI RITIRARE 2024 CALENDARI all'entata di chiesa, donati da Bell & Burnaby Funerla Chapel e Kearney Funeral Home.



BUSTE PER I FIORI DI NATALE. Abbiamo delle buste speciali con cui potete donare il denaro per comprare le poinsettias che usiamo in chiesa per le decorazioni natalizie. Il tuo fiore sarà un regalo per Gesù Bambino ... Grazie!

PROJECT ADVANCE. Invitiamo tutte le nostre famiglie di partecipare in questa campagna di raccolta di fondi per le opere del evangelizzazione. Puoi venire all'ufficio parrocchiale durante l'orario d'ufficio, o online www.rcav.org/pa/donations/ o lasciare la tua donazione nel cestino della raccolta la domenica. Una volta raggiunto l'obiettivo arcidiocesano di \$ 65,000,00, tutte le donazioni saranno utilizzate per il Fondo Nuovo Ufficio/Canonica. Coraggio perché é dando che si riceve! **Finora abbiamo raccolto \$ 45,210.00.** Grazie.

LA SOCIETA' PER ANZIANI ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00 in Palestra.** Gli incontri saranno programmati in base alla disponibilità della Palestra. I nuovi membri sono benvenuti. Per informazioni chiamare Elia, 604-299-0455.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA,** 604-298-6202 O **ANNAMARIA,** 604-291-7016. **GRAZIE.**

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211

Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)

Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826
Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev. Claude Makulu, O. Praem, 604.936.2525

Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

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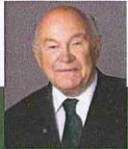
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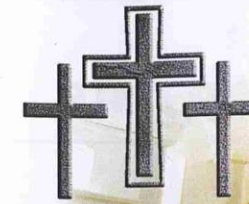
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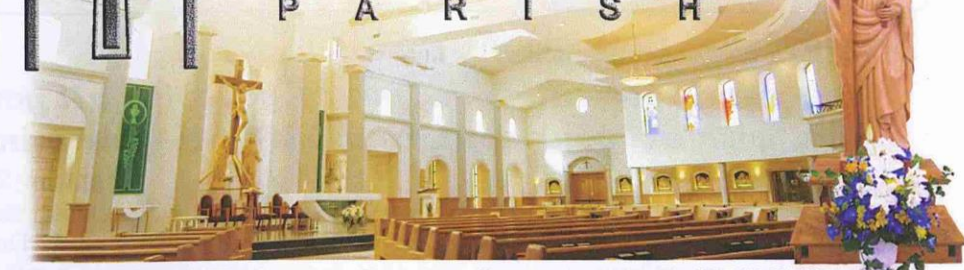
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ST HELEN'S
PARISH



3860 TRIUMPH STREET, BURNABY, BC V5C 2Y8

PASTOR
FR. ALESSANDRO LOVATO
pastor@sthelen.ca

DEACON
MICHAEL BOREHAM
mboreham@rcav.org

OFFICE AND MAILING ADDRESS:
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:
9:00 am – 12:00 pm (noon)
1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org

WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:
Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL

PRINCIPAL: Mr. Waldemar Sambor

TEL: 604-299-2234

WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:

4:00 pm – Children's Liturgy

SUNDAY:

8:30 am

10:00 am – (Italian) Children's Liturgy

11:30 am – Children's Liturgy

MONDAY TO FRIDAY:

7:45 am

SATURDAY & PUBLIC HOLIDAYS:

9:00 am

ADORATION CHAPEL

MONDAY TO FRIDAY: 7:15 am – 9:00 pm

CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS

MONDAY TO FRIDAY: 7:25 am – 7:40 am

SATURDAY: 8:30 am – 8:55 am and

3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.

Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCARISTIC MINISTERS' COORDINATOR: Marivic Morcos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.

WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.