



DECEMBER 17, 2023 3RD SUNDAY OF ADVENT

“Rejoice always. Pray without ceasing. Give thanks in all circumstances, for this is the will of God for you in Christ Jesus.” 1 Thessalonians 5:16 - 18



CHRISTMAS FOOD BANK HAMPERS. We are called to help those who have less than us. Please support this year's CHRISTMAS FOOD BANK HAMPERS by donating food, gift certificates for food, clothing and toys, cash, or cheque. You can bring:

1. Non-perishable food in the church lobby or in the front of the church office where the plastic containers will be placed during business hours.
2. Gift cards to the office during business hours or insert them through the mail opening on the door after hours or drop them off in the collection basket on Sunday.
3. Checks and cash can also be left in the church office or insert them through the mail opening on the door after hours.

Please submit gift cards and money to the Church by Sunday, December 17, or to the parish office by Tuesday, December 19, 2023.

Grocery store gift cards, from *Safeway, Save on Food, Superstore, etc.* (\$50/person/household); gift cards in any monetary amount can be for the gifts as well, from different stores, for example: *Gap, H&M, Old Navy, Superstore, The Bay, Walmart, etc.* Thank you very much for your help.

PROJECT ADVANCE. We encourage all the parishioners to participate this year. To donate you can come to the parish office during office hours, on line <https://support.rcav.org/project-advance-2023/> or drop off your donation in the collection basket on Sunday. Once we reach the archdiocesan goal of \$65,000.00 all donations will be used for the New Office/Rectorry Building Fund. **We have collected \$ 48,765.00** so far. Thank you for your support.



CHRISTMAS FLOWERS ENVELOPES. Special envelopes for offering to buy poinsettias to decorate our church are available at the entrance of the church. Your flower will be a gift to Baby Jesus. Thank you for your generosity.

SENIORS CLUB activities on Saturdays, from 11:00 AM to 2:00PM in the Gym. New members are welcome. For info call Elia, 604-299-0455.

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

“Lord Jesus Christ, pierce my soul with Your love that I may always long for You alone, who are the bread of angels and the fulfillment of the soul's deepest desires. May my heart always hunger for you, so that my soul may be filled with the sweetness of Your Presence.”

Saint Bonaventure



HOST AND WINE . If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

ENVELOPES FOR 2024 are available at the entrance of the church. Please pick up your set. Thank you.

PLEASE PICK UP THE 2024 CALENDARS in the church's lobby, donated by Bell & Burnaby Funeral Chapel and Kearney Funeral Home.

YOU CAN DONATE by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
December 10, 2023	\$ 5,143.00	\$ 690.00	\$ 5,833.00
Thank you for your generosity!			

CHRISTMAS AND NEW YEAR'S MASS SCHEDULE



Sunday, December 24 - Christmas Eve
4:00 pm; 12:00 am - Midnight

Monday, December 25 - Christmas Day
8:30 am; 10:00 am (Italian); 11:30 am

Sunday, December 31 – NO EVENING MASS
Monday, January 1 - New Year's Day – Mary, Mother of God
8:30 am; 10:00 am (Italian); 11:30 am

CONFESSIONS

Saturday, December 23 from 2:00 pm to 3:50pm

PARISH OFFICE WILL BE CLOSED on DEC. 25, DEC. 26 & JAN 1

OFFICE HOURS - WED. DEC. 27TH - FRI. JAN. 5TH 9:00AM–12:00PM (NOON)

For the sacrament of anointing outside of office hours, please contact **604-298-6111**.

BULLETIN ADS AVAILABLE. IF INTERESTED, PLEASE CALL 604-298-4144.

BULLETIN SPONSOR OF THE WEEK. Please support **RBC'S GIORDAN DI PALMA**, one of the sponsors who brings to you this weekly Parish Bulletin.

We Pray For

Saturday, December 16 [Advent Weekday]

9:00 am – Spec. Int. for Charlotte Pozniak, † Ruth Frazier
4:00 pm – In Honour of St. Lucia, Spec. Int. for Recovery, Spec. Int. for Adele Sanchez
† Betty Gault, † Giuseppina Santorelli, † Giovanni & Maria Assalone
† Catherine Valente, † Antonietta De Stefano, † J Sergio & Jesus Esparza

Sunday, December 17 [THIRD SUNDAY OF ADVENT]

8:30 am – Spec. Int. for Nicole Montgomery, Spec. Int. for Ivan Baluyob
† All Souls in Purgatory, † Lazaro Caloca Chavez, † Elaine Dillon Fink
† Noreed DeJulius, † John Simone, † Davue Frooku, † Marie Moli
† Pieter Suli, † Cliff Green, † Angelo Mamuccini, † Lidia Kazimieska
10:00 am – † Manlio Mottes, † Armando Cuccione, † David Franzon, † Angelo Pettenon
† Enrico Franzon, † Adreina Artuso, † Alfonso & Elsa Zavarise
† Lucy Serena Johnston, † Antonietta De Martin, † Francesco Bavaro
† Dec. of Bosa & Zen Fam., † Antonio Virginilla, † Josephine Papa
† Giuseppe & Gina Kosenina, † Isidoro & Elena Bordignon, † Mario Santarelli
† Carmela & Domenico Luongo, † Carla Lionello

11:30 am – Pro-Popolo

Monday, December 18 [Late Advent Weekday]

7:45 am – In Honour of St. Anthony, † Pedro & Milagros Javier

Tuesday, December 19 [Late Advent Weekday]

7:45 am – Spec. Int. for David Rezmer, † Alfonso Zavarise

Wednesday, December 20 [Late Advent Weekday]

7:45 am – In Thanksgiving, † Giuseppe & Domenica Giustra

Thursday, December 21 [St. Peter Canisius, Priest and Doctor of the Church]

7:45 am – Spec. Intention for Matthew & Ivana, † Roger Renner

Friday, December 22 [Late Advent Weekday]

7:45 am – † Tony Daniels, † Mr. & Mrs. Conell

Saturday, December 23 [St. John of Kanty, Priest]

9:00 am – † Clara Veronica Caloca, † Cecilio Sanchez

4:00 pm – Spec. Int. for Theresa Chu, † Giuseppina Santorelli, † Franco Luongo
† Doriana Temolo, † Dec. of Ruggiero & Farella Fam., † Douglas Renwick
† Mario & Nicolina Corrado

Sunday, December 24 [FOURTH SUNDAY OF ADVENT]

8:30 am – † All Souls in Purgatory, † Rosa & Salvatore Mobilio, † Bruno Benedet
† Fr. Matthew King, † Dam Kim, † Vu Thi Tam, † Hoang Thi Chau
† Tran Tu Lam, † Dam Hoang Tai

10:00 am – † Albert Trylinski, † Pina Benedet, † Laurie Marconato, † Giuseppe Bevacqua
† Jack Cusinato, † Dec. of Lopez & Veltri Fam., † Paolo Marinelli
† Carmela & Dec. of Briglio Fam., † Albino, Wilma & Loris Visona

11:30 am – Pro-Popolo

4:00 pm – Christmas Vigil Mass with School Children

12:00 am - Christmas Vigil Mass



17 DICEMBRE, 2023 III DOMENICA DI AVVENTO

“State sempre lieti, pregate incessantemente, in ogni cosa rendete grazie; questa è infatti la volontà di Dio in Cristo Gesù verso di voi.”

1 Tessalonicesi 5:16-18

RACCOLTA DI CIBO PER NATALE 2022. Ogni anno in Avvento siamo chiamati ad aiutare chi ha meno di noi. Si prega di sostenere la Raccolta di Cibo per Natale di quest'anno donando cibo, carte regalo (gift cards), contanti o assegno. Puoi portare:

1. Alimenti non deperibili nel corridoio della chiesa o davanti all'ufficio della chiesa dove saranno collocati i contenitori di plastica durante l'orario lavorativo.
2. Carte regalo in ufficio durante l'orario lavorativo o inserirlo attraverso l'apertura della posta sulla porta fuori orario.
3. Assegni e contanti possono essere lasciati anche nell'ufficio della chiesa, o inserirli attraverso l'apertura della posta sulla porta fuori orario.

Si prega di inviare carte regalo per cibo da Safeway, Save on Food, Superstore, ecc., e denaro entro **martedì, 19 dicembre 2023**. I certificati regalo possono essere anche per i regali, da diversi negozi, per i giocattoli e/o i vestiti – *Gap, H&M, Old Navy, Superstore, The Bay, Walmart, ecc.*

Grazie mille per il vostro sostegno.

ORE DELL'UFFICIO PARROCCHIALE. Orari di ufficio regolari dal lunedì al venerdì 9:00am-12:00pm and 1:00pm to 4:00pm. Per il sacramento dell'unzione al di fuori dell'orario d'ufficio, chiamate **604-298-6111**.

LE BUSTE PER IL 2024 SONO DISPONIBILI ALL'ENTRATA DELLA CHIESA. PER FAVORE RACCOGLIETELE.

SIETE PREGATI DI RITIRARE 2024 CALENDARI all'entata di chiesa, donati da Bell & Burnaby Funerla Chapel e Kearney Funeral Home.

BUSTE PER I FIORI DI NATALE. Abbiamo delle buste speciali con cui potete donare il denaro per comprare le poinsettias che usiamo in chiesa per le decorazioni natalizie. Il tuo fiore sarà un regalo per Gesù Bambino ... Grazie!

PROJECT ADVANCE. Invitiamo tutte le nostre famiglie di partecipare in questa campagna di raccolta di fondi per le opere del evangelizzazione. Puoi venire all'ufficio parrocchiale durante l'orario d'ufficio, o online www.rcav.org/pa/donations/ o lasciare la tua donazione nel cestino della raccolta la domenica. Una volta raggiunto l'obiettivo arcidiocesano di \$ 65,000,00, tutte le donazioni saranno utilizzate per il Fondo Nuovo Ufficio/Canonica. Coraggio perché é dando che si riceve! **Finora abbiamo raccolto \$ 48,765.00.** Grazie.

LA SOCIETA' PER ANZIANI ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00 in Palestra.** Gli incontri saranno programmati in base alla disponibilità della Palestra. I nuovi membri sono benvenuti. Per informazioni chiamare Elia, 604-299-0455.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA,** 604-298-6202 O **ANNAMARIA,** 604-291-7016. GRAZIE.

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211
Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin
Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)
Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826
Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev Claude Makulu, O. Praem, 604.936. 2525

Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

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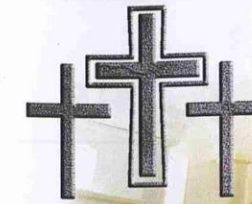
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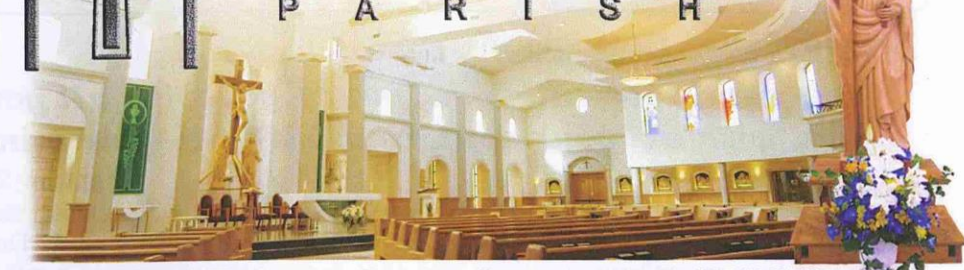
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PASTOR
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pastor@sthelen.ca

DEACON
MICHAEL BOREHAM
mboreham@rcav.org

OFFICE AND MAILING ADDRESS:
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:
9:00 am – 12:00 pm (noon)
1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org

WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:

Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL

PRINCIPAL: Mr. Waldemar Sambor

TEL: 604-299-2234

WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:

4:00 pm – Children's Liturgy

SUNDAY:

8:30 am

10:00 am – (Italian) Children's Liturgy

11:30 am – Children's Liturgy

MONDAY TO FRIDAY:

7:45 am

SATURDAY & PUBLIC HOLIDAYS:

9:00 am

ADORATION CHAPEL

MONDAY TO FRIDAY: 7:15 am – 9:00 pm

CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS

MONDAY TO FRIDAY: 7:25 am – 7:40 am

SATURDAY: 8:30 am – 8:55 am and

3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.

Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCARISTIC MINISTERS' COORDINATOR: Marivic Morcos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.

WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.