

**FEBRUARY 25, 2024
SECOND SUNDAY OF LENT**

STEWARDSHIP REFLECTION

“Here I am! he answered.” Genesis 22:11

It is easy to say, “Here I am, Lord,” when we are kneeling in church. But how easy is it to say “Here I am, Lord,” when a neighbor needs our help, or when we are invited to join a parish ministry, or when we are asked to provide financial support? Often times we are called when it’s not convenient for us. Discipleship is not easy, most of the time it will make us uncomfortable and vulnerable.

Copyright © 2024 Archdiocese of St. Louis

THE TRADITIONAL LENTEN DEVOTION OF THE STATIONS OF THE CROSS WILL CONTINUE TO TAKE PLACE ON FRIDAY EVENINGS AT 7:00PM.

PENITENTIAL DISCIPLINE FOR LENT: Fridays are days of abstinence from meat. During Lent it is important to try and develop a stronger relationship with Jesus by giving him more time. Individuals can do this by attending daily Mass, reading a chapter of Scripture each day, saying the rosary while on the way to work rather than listening to the radio. Going to confession is an essential aspect of this penitential season.



ALMSGIVING: FOOD BANK LENTEN DRIVE. Lent is a sacred season when we are called to show our love and appreciation of Christ's sacrifice through our good deeds and acts of sacrifices. Please help those in need from our community. Items lists are placed in the lobby of the church for you to pick them up.

You can bring your donations next Sunday to the church or drop it off at the parish office during the office hours. Thank you!

*“He who is kind to the poor lends to the Lord,
and He will reward him for what he has done.”* Proverbs 19:17

INCOME TAX RECEIPTS for 2023 are available in the church lobby during the weekend and in the church office during office hours. Please pick them up.

PARISH OFFICE HOURS Monday to Friday, 9:00am-12:00pm & 1:00pm-4:00pm. For the sacrament of anointing outside of office hours, please contact **604-298-6111**.

SENIORS CLUB resumed their activities on Saturdays from 11:00 AM to 2:00PM in the Gym For more information, please call Elia, 604-299-0455.

THE WALL OF FAITH offers a memorable and lasting gift that should be considered for funerals and it is tax deductible. If the family of the deceased person requests a memorial donation to St. Helen’s Parish on the occasion of the Funeral Mass in lieu of flowers, deceased’s name will be written on the Wall of Faith. Display is in a prominent location in the lobby of the church. For more information and donations, please contact parish office. “Their names are written in heaven.”

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

“In the Mass and in Eucharistic Adoration we meet the merciful love of God that passes through the Heart of Jesus Christ.”

St. John Paul II

HOLY WEEK SCHEDULE

PENITENTIAL SERVICE (Confessions)-Wednesday, March 13 at 7:00 pm

PALM SUNDAY

Saturday March 23 4:00 pm

Sunday March 24 8:30 am; 10:00 am (Ital.);11:30 am



HOLY THURSDAY March 28 10:00 am - TENEBRAE (sung morning prayer)
7:00 pm - MASS OF THE LORD’S SUPPER
followed by ADORATION till midnight

GOOD FRIDAY March 29 10:00 am - TENEBRAE (sung morning prayer)
3:00 pm - SERVICE IN ENGLISH

HOLY SATURDAY March 30 10:00 am - TENEBRAE (sung morning prayer)
9:00 pm - EASTER VIGIL MASS

EASTER SUNDAY March 31 8:30 am; 10 am (Italian); 11:30 am



If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

HELP FOR MISSION SOCIETY collects clothing and household items. **PLEASE DO NOT DROP OFF YOUR DONATIONS BEFORE CONTACTING MANUELA, 604-298-6202.**

BULLETIN SPONSOR OF THE WEEK. Please support **DANIELA SERENA**, one of the sponsors who brings to you this weekly Parish Bulletin.

YOU CAN DONATE by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
Feb. 18, 2024	\$ 5,670.00	\$ 530.00	\$ 6,200.00
St. Joseph’s Soc.			\$ 1,386.00
Thank you for your generosity!			

We Pray For

Saturday, February 24 [Lenten Weekday]

9:00 am – † Isabelita Viduya

4:00 pm – Spec. Int. for Eduardo B Blasi, Spec. Int. for Recovery, † Rino Genovese
† Joseph Jonell Bulaun

Sunday, February 25 [SECOND SUNDAY OF LENT]

8:30 am – Spec. Int. for Andrew C. Silverio, Spec. Int. for Romeo Catbagan
† All Souls in Purgatory, † Isabelita Viduya, † Teresa & Raffaele Rea
† Joe Zinetti

10:00 am – † Giuseppe Bevacqua, † Pina & Bruno Benedet, † Maria Chiara Mainella,
† Luigi Quattrin, † Cristina & Nicola Maselli

11:30 am – Pro-Popolo

Monday, February 26 [Lenten Weekday]

7:45 am – † Giuseppe & Nicola Santaguida

Tuesday, February 27 [St. Gregory of Narek, Abbot, and Doctor of the Church]

7:45 am – Spec. Int. for Tony Cruz, † Isabelita Viduya

Wednesday, February 28 [Lenten Weekday]

7:45 am – Special Intention

Thursday, February 29 [Lenten Weekday]

7:45 am – Special Intention

Friday, March 1 [Lenten Weekday]

7:45 am – † Dec. of Abanto Fam.

7:00 pm – STATIONS OF THE CROSS

Saturday, March 2 [Lenten Weekday]

9:00 am – † Gerardo Chavez Olmos

4:00 pm – In Thanksgiving, Spec. Int. for Recovery, † Teresa Musso, † Shirley Beattie

Sunday, March 3 [THIRD SUNDAY OF LENT]

8:30 am – † All Souls in Purgatory, † Lance Mackie, † Lyndon, Elpidio & Igmedio Tale
† Joe Zinetti

10:00 am – † Caterina & Diego Rizzuto, † Natalie Kulik, † Pietro Veltri, † Mr. & Mrs. Cupo
† Pasquale & Vincenzo Miniaci

11:30 am – Pro-Popolo

**25 FEBBRAIO, 2024
II DOMENICA DI QUARESIMA**

Egli rispose: "Eccomi".

Genesis 22:11

LA QUARESIMA è un tempo di conversione che conduce al Triduo Pasquale durante il quale si fa memoria della Passione, morte e risurrezione di Gesù Cristo. Solitamente, durante questo periodo le pratiche poste in essere per prepararsi alla Pasqua sono; il digiuno, l'elemosina e la preghiera. E' il Codice di Diritto Canonico ha prevedere il digiuno ecclesiastico e l'astinenza dalle carni due volte l'anno: il Mercoledì delle Ceneri e il Venerdì Santo. Per gli altri venerdì di Quaresima è prevista l'astinenza dalle carni. La pratica della carità o dell'elemosina, invece, si accompagna al digiuno così da liberarsi dall'avidità e dall'egoismo, riconoscendo il prossimo come fratello e sorella. La terza pratica legata alla Quaresima è relativa alla preghiera, che sorretta dal digiuno e dalla carità riesce ad arrivare a Dio con più slancio. Sant'Agostino definisce, infatti, il digiuno e l'elemosina come "le due ali della preghiera".

AVREMO LA RECITA DEL VIA CRUCIS OGNI VENERDI' DURANTE LA QUARESIMA. COMINCERÁ IL 16 DI FEBBRAIO ALLE 7:00PM

LE RICEVUTE PER LE TASSE SULLE DONAZIONI 2023 sono disponibili all'entrata della chiesa durante le messe domenicale e in ufficio parrocchiale durante l'ore d'ufficio. Per favore raccoglietele.

ORE DELL'UFFICIO PARROCCHIALE.Orari di ufficio regolari dal lunedì al venerdì 9:00am-12:00pm and 1:00pm to 4:00pm. Per il sacramento dell'unzione al di fuori dell'orario d'ufficio, chiamate **604-298-6111**.



BANCO DI ALIMENTI - CIBO PER I POVERI. In fondo alla chiesa si trova la lista di articoli di cibo più necessari per i più bisognosi. Durante questo tempo di Quaresima la carità sincera verso i più bisognosi è un modo di vivere il nostro impegno quaresimale.

Potete portare le vostre donazioni domenica prossima in chiesa, oppure in ufficio parrocchiale durante l'orario d'ufficio. Grazie per la vostra collaborazione.

LA SOCIETA' PER ANZIANI ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00 in Palestra.** Gli incontri saranno programmati in base alla disponibilità della Palestra. Per informazioni chiamare Elia, 604-299-0455.



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA, 604-298-6202.**

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211

Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)

Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826

Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev Claude Makulu, O. Praem, 604.936. 2525

Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

Serving Our Catholic Community Since 1908



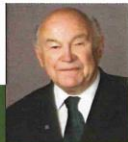
We are an Independent Family Owned Funeral Home and we're honoured to carry forward our 114 year legacy of compassionate service at Kearney Burnaby Chapel. We offer pre-arrangement services on-site or in the convenience of your home.



Aaron Morrison



Victoria Cippiciani



Jim Houseman



Ryan Crean

Kearney Burnaby Chapel | 4715 Hastings Street
604 299 6889 - burnaby@kearneyfs.com

www.KearneyFS.com

DBA Crean Family Holdings Ltd.

Peace starts with an appointment

604-531-2141 / rccav.org
15694 32nd Ave.
Surrey, BC V3Z 9V1



Columbus Meat Market

Retail & Freezer Meats
Beef, Veal, Pork, Ham, Poultry, Lamb, Rabbit
1310 Nanaimo Street
Vancouver, B.C. V5L 4T6
Vito & Eugenio Masi
604-253-2242

Daniela Serena
Your Mortgage Expert

The Mortgage Centre
serenamortgages.com
T 604.889.6750 | F 1.604.608.4891
serenamortgages@gmail.com

You and your mortgage are my top priority

GREATER VANCOUVER ROOFING
steven@gvrdrroofer.ca
604 783 8553

SETON VILLA

RETIREMENT CENTRE
Supportive Housing/
Assisted Living
www.setonvilla.com

Laura Lovison-Perkins
Resident Relations
Action Line Housing Society
3755 McGill Street,
Burnaby, B.C. V5C 1M2
Direct: 604-563-8913
Tel: 604-291-0650 ext. 312
Fax: 604-291-1871
Email: lperkins@setonvilla.com

We promote health, independence, and provide affordable living for seniors.

OFFSET & DIGITAL PRINTING



• Bus Cards • Letterhead • Envelopes,
Brochures • Programs • Copying
• Wedding Invitations, Church Programs,
Wine Labels, Thank You Cards
• Promotional Products
Email Ralph:
ralphmalito@gmail.com
FOR ALL YOUR Ad specialty & Printing NEEDS!

Bell & Burnaby Funeral Chapel
"The Slavin Family" - Since 1934



Personalized Service
Proud to Serve the Catholic Community
Guaranteed Pre-arranged Funeral Plans Available

4276 Hastings Street, Burnaby, BC V5C 2J6 Tel: (604) 298-2525
www.bellburnaby.com

SERVICE CORPORATION INTERNATIONAL (Canada) ULC

Celebrating Life WITH Dignity

PROUD TO SUPPORT THE ARTISAN FARMERS MARKET



GLENHAVEN MEMORIAL CHAPEL FOREST LAWN FUNERAL HOME
604-255-5444 604-299-9720

OCEAN VIEW FUNERAL HOME > DignityMemorial.ca <
604-433-6688

RE/MAX Crest Realty
www.kenandlinda.com
Ken: 604-644-3293
Linda: 604-644-5470
Email: johnston@smarrt.com
81-800 Kingsway
Burnaby, B.C. V3H 4C2
Proven Results... Proven Success!
KEN & LINDA JOHNSTON (604) 433-2211

LEGAL SERVICES

Karen Bastow
Lawyer

Business disputes • immigration • family law • criminal law
Employment law • professional discipline • wills and estates

David G. Milburn, Trial Lawyers
24 Hour Mobile: (604) 600-2942
Email: karen@karenbastow.com

ACCOUNTESSA BOOKKEEPING

Affordable small business services
Email: admin@accountessa.com
www.accountessa.com
Tel: 604-802-9299



ANTHONY DRLJE
PERSONAL REAL ESTATE CORPORATION

604.360.7133
anthonydrlje.com
anthony@anthonydrlje.com

POWERED BY **exp**

BOSA FOODS



FEATURING ITALISSIMA QUALITY GOURMET MEDITERRANEAN FOODS

1465 KOOTENAY STREET, VANCOUVER • 562 VICTORIA DRIVE, VANCOUVER

604.253.5578



meat market + deli + cucina

4142, 4150, + 4156 Hastings Street, Burnaby BC V5C 2M4 | cioffigroup.com

604-291-9373

Giordan Di Palma

RBC Mortgage Specialist



4382 E Hastings St. Burnaby 236.333.4939 giordan.dipalma@rbc.com



Tony Capolongo
COMMERCIAL REAL ESTATE SERVICES

Commercial Real Estate Sales and Leasing
Office: 604.630.3378 Cell: 604.290.5318
tony.capolongo@lee-associates.com

STEFANIE ARTUSO

vocalist



(778) 229-2637

STEFANIEARTUSOMUSIC@GMAIL.COM



ST HELEN'S PARISH



3860 TRIUMPH STREET, BURNABY, BC V5C 2Y8

PASTOR
FR. ALESSANDRO LOVATO
pastor@sthelen.ca

DEACON
MICHAEL BOREHAM
mboreham@rcav.org

OFFICE AND MAILING ADDRESS:
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:
9:00 am – 12:00 pm (noon)
1:00 pm – 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org
WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:
Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL
PRINCIPAL: Mr. Waldemar Sambor
TEL: 604-299-2234
WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:
4:00 pm – Children's Liturgy
SUNDAY:
8:30 am
10:00 am – (Italian) Children's Liturgy
11:30 am – Children's Liturgy
MONDAY TO FRIDAY:
7:45 am
SATURDAY & PUBLIC HOLIDAYS:
9:00 am

ADORATION CHAPEL
MONDAY TO FRIDAY: 7:15 am – 9:00 pm
CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS
MONDAY TO FRIDAY: 7:25 am – 7:40 am
SATURDAY: 8:30 am – 8:55 am and
3:00 pm – 3:50 pm

BAPTISMS: 2nd Sunday of the Month MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.
Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm – 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo, (please call office)

EUCCHARISTIC MINISTERS' COORDINATOR: Marivic Morelos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.

WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.