

APRIL 21, 2024
FOURTH SUNDAY OF EASTER

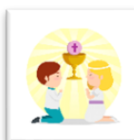
Stewardship Reflection

"I am the good shepherd...and I lay down my life for the sheep...and they will heed my voice."

John 10:14-16

When you pray, do you only ask Jesus for the things that you want? Do you ever ask Jesus what He wants from you? How do you listen for His response? Many times Jesus responds in "quiet whispers" that are not so obvious. So, take time every day, in silence, to actively listen for His voice.

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FIRST COMMUNION. The celebration of First Communion of our parish children will be on Sunday, May 5 at 3:00 PM. Let us pray for the candidates, their parents, and teachers.

PARISH OFFICE HOURS- 9:00AM-12:00PM (NOON) AND 1:00 PM-4:00-PM . For the sacrament of anointing outside of office hours, please contact **604-298-6111.**

ROSARY. Starting May 1st, the Rosary will be recited in the church every Wednesday at 7:00 pm. Please mark your calendars and come to pray together.



ST. HELEN'S FOOD BANK. We are still helping needy in our community and accept food and monetary donations towards the Food Bank. In this hard time, we can show our support and care for the ones that need our help. Donations can be dropped off in the church lobby on the weekend, or in the container that is placed in front of the parish office during office hours. Thanks for your generosity.

*"He who is kind to the poor lends to the Lord,
and He will reward him for what he has done." Proverbs 19:17*

SENIORS CLUB resumed their activities on Saturdays from 11:00 AM to 2:00PM in the Gym, based on the hall availability. For more information, please call Elia, 604-299-0455.

HELP FOR MISSION SOCIETY collects clothing and household items. **PLEASE DO NOT DROP OFF YOUR DONATIONS BEFORE CONTACTING MANUELA, 604-298-6202.**

ADORATION CHAPEL is open from 7:15am to 9 pm, from Monday to Friday. Please do not enter after 9 pm as the alarm will be activated. Thank you.

EUCCHARISTIC QUOTE

"Eucharistic Adoration is the greatest of actions. To adore is to share in the life of Mary on earth when she adored the Word Incarnate in her virginal womb, when she adored Him in the Crib, on Calvary, in the Divine Eucharist."

St. Peter Julian Eymard



HOST AND WINE. If you are interested in donating the Host and Wine in memory of dear one, please contact the office, 604-298-4144. Donations are tax deductible.

THE WALL OF FAITH offers a memorable and lasting gift that should be considered for funerals and it is tax deductible. If the family of the deceased person requests a memorial donation to St. Helen's Parish on the occasion of the Funeral Mass in lieu of flowers, deceased's name will be written on the Wall of Faith. Display is in a prominent location in the lobby of the church. For more information and donations, please contact parish office.

"Their names are written in heaven"

SECOND COLLECTION: WORK OF VOCATIONS. The second collection on Good Shepherd Sunday, April 21, will support the next generation of priests in our Archdiocese. It funds the discernment, formation and education of our seminarians, ensuring that they receive the preparation necessary for them to be good shepherds who are effective in their priestly ministry. You can make a tax-deductible donation in-person or online at rcav.org/vocations.

BULLETIN SPONSOR OF THE WEEK. Please support **BOSAFOODS**, one of the sponsors who brings to you this weekly Parish Bulletin.

BULLETIN ADS AVAILABLE. IF INTERESTED, PLEASE CALL 604-298-4144.

YOU CAN DONATE by the credit card at <https://sthelen.ca/giving>

Sunday Collection (Weekly goal: \$12,000.00)			
Date	Envelopes	Loose	Total
April 14	\$ 4,040.00	\$443.00	\$ 4,483.00
Thank you for your generosity!			

We Pray For

Saturday, April 20 [Easter Weekday]

9:00 am – † Bozena Ossowska
4:00 pm – Spec. Int. for Barbara, † Gloria Paraan, † Gianni Cavasin

Sunday, April 21 [FOURTH SUNDAY OF EASTER]

8:30 am – † All Souls in Purgatory, † Lance Mackie, † Arthur & Mary Gallant
† John Brassington
10:00 am – † Mr. & Mrs. Cupo, † Antonietta & Agostino De Martin, † Adriana Del Monte
† Angelo Pettenon, † Giovanni Binotto, † Gino & Irma Bruschetta
† Geremia Balletta

11:30 am – Pro-Popolo

Monday, April 22 [Easter Weekday]

7:45 am – † Giuseppe & Domenica Giustra

Tuesday, April 23 [St. George, Martyr, St. Adalbert, Bishop, and Martyr]

7:45 am – † Jessica Hanna

Wednesday, April 24 [St. Fidelis of Sigmaringen, Priest and Martyr]

7:45 am – Special Intention

Thursday, April 25 [St. Mark, Evangelist]

7:45 am – Special Intention

Friday, April 26 [Our Lady of Good Counsel]

7:45 am – † Clara David

Saturday, April 27 [Easter Weekday]

9:00 am – Special Intention

4:00 pm – † Palma Longo, † Domenico Orologio, † Cherie Moscone, † Martin Sask

Sunday, April 28 [FIFTH SUNDAY OF EASTER]

8:30 am – † All Souls in Purgatory, † Teresa & Raffaele Rea, † Martin Sask
10:00 am – Spec. Int. for Artuso Fam., † Giuseppe Bevacqua, † Pietro Veltri
† Pina & Bruno Benedet, † Pasquale Ghiorzi, † Ina & Domenico Ziliotto
† Iolanda & Giovanni De Martin, † Dec. Memb. of Loriggio Fam.

11:30 am – Pro-Popolo

21 APRILE, 2024
QUARTA DOMENICA DI PASQUA

"Io sono il buon pastore, ... e do la mia vita per le pecore... ed esse ascolteranno la mia voce."

Gv 10:14-16



PRIMA COMUNIONE. Il 5 maggio alle ore 3 pomeridiane i bambini della nostra parrocchia riceveranno la loro prima comunione. Preghiamo per questi bambini, genitori e maestri.

IL SANTO ROSARIO sarà ogni Mercoledì durante il mese di Maggio alle 07:00, a partire dal 1 Maggio.



BANCO DI ALIMENTI DI S. ELENA. Stiamo ancora aiutando i bisognosi nella nostra comunità e accettiamo donazioni di cibo e denaro al Banco Alimentare. In questo momento difficile, possiamo mostrare il nostro sostegno e la nostra cura per coloro che hanno bisogno del nostro aiuto. Le donazioni possono essere depositate nell'atrio della chiesa nel fine settimana, o nel contenitore che è posto davanti all'ufficio parrocchiale durante l'orario di ufficio. Grazie per la vostra generosità.

"Colui che è buono con i poveri lo è con il Signore, e Lui lo ricompenserà per ciò che ha fatto"
(Prov 19:17)

PANELLO DELLA FEDE e una opportunità per fare un dono memorabile per i nostri cari defunti. L'offerta fatta può essere dichiarata nelle tasse. Se la famiglia del defunto, per occasione della Messa di Funerale, richiede ai partecipanti "donazione a S. Elena" al posto di fiori, allora il nome del deceduto verrà aggiunto al Pannello della Fede. Pannello è preminentemente installato all'entrata della Chiesa. Per informazioni o offerte chiamate l'ufficio parrocchiale. ***"I loro nomi sono scritti nei cieli"***

LA SOCIETA' PER ANZIANI ha ripreso le attività, **sabato, dalle ore 11:00 alle 14:00 in Palestra.** Gli incontri saranno programmati in base alla disponibilità della Palestra. Per informazioni chiamare Elia, 604-299-0455.



SE VOLETE OFFRIRE IL PANE E IL VINO da usare durante tutte le Sante Messe della settimana a ricordo dei propri cari, per favore chiamate l'ufficio parrocchiale.

CAPPELLA DELL'ADORAZIONE è aperta dalle 7:15 alle 21:00, **dal lunedì al venerdì.** Si prega di non inserire dopo le 21:00 poiché l'allarme verrà attivato. Grazie.

SOCIETA PER LE MISSIONI sta raccogliendo abbigliamento e articoli per la casa. Per favore, **NON LASCIATE LE VOSTRE DONAZIONI PRIMA DI CHIAMARE MANUELA, 604-298-6202.**

LAST RITES AND MEDICAL EMERGENCIES

Please call the office, 604-298-4144. Outside of office hours, please call 604-298-6111.

The following priest chaplains are also available:

Burnaby General Hospital: Fr. Bede Kiem Minh Le, 604.298.6800, 604-434-4211
Vancouver General Hospital: 604-877-5918 (Pager) / 604-875-4111 Fr. Gilbert Nunez & Fr. Luis Martin
Brian Delgado (Mon., Tue., Fri., Sat. and Sun.); Fr. Aresene Dutunge (Wed. and Thurs.)
Mount St. Joseph Hospital: Fr. Joseph Ha Vinh Tran, OP (Chaplain)604-876-7826
Royal Columbian Hospital: Chaplains' Cell 604-250-7513, Rev Claude Makulu, O. Praem, 604.936. 2525
Please provide this important information to the priest before he arrives: name of the sick, ward, room number, bed number and name & phone number of the person requesting the visit as the hospital will not provide any details due to privacy laws.

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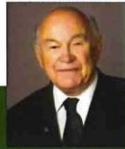
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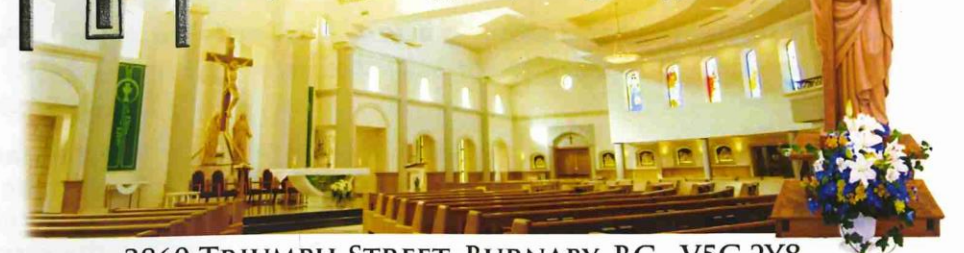
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pastor@sthelen.ca

DEACON
MICHAEL BOREHAM
mboreham@rcav.org

OFFICE AND MAILING ADDRESS:
3871 Pandora St., Burnaby, BC V5C 2A6

OFFICE HOURS:
9:00 am - 12:00 pm (noon)
1:00 pm - 4:00 pm

TEL: 604-298-4144 FAX: 604-298-1734

EMAIL: parish.shel@rcav.org
WEBSITE: www.sthelen.ca

ADMINISTRATIVE ASSISTANT:
Mrs. Biba Lupetin, shel.secretary@rcav.org



ST. HELEN'S SCHOOL
PRINCIPAL: Mr. Waldemar Sambor
TEL: 604-299-2234
WEBSITE: www.sthelensschool.ca

MASS SCHEDULE

SATURDAY:
4:00 pm - Children's Liturgy
SUNDAY:
8:30 am
10:00 am - (Italian) Children's Liturgy
11:30 am - Children's Liturgy

MONDAY TO FRIDAY:
7:45 am
SATURDAY & PUBLIC HOLIDAYS:
9:00 am

ADORATION CHAPEL
MONDAY TO FRIDAY: 7:15 am - 9:00 pm
CLOSED ON SATURDAY AND SUNDAY

CONFESSIONS
MONDAY TO FRIDAY: 7:25 am - 7:40 am
SATURDAY: 8:30 am - 8:55 am and
3:00 pm - 3:50 pm

BAPTISMS: 2nd Sunday of the Month

MARRIAGES: Prior arrangements six months in advance.

PARISH CONTACTS AND MINISTRIES

MINISTRY TO THE SICK: Please call during office hours.

SACRED MUSIC COORDINATOR: Agnes Wan, 604-299-3916

LAST RIGHTS AND MEDICAL EMERGENCIES: Please call during office hours.
Outside of office hours, please call 604-298-6111. See inside for more information.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

CLASSES ON TUESDAY: 6:30 pm - 7:50 pm in the school.

PREP COORDINATOR: Sandra Crema, 604-298-5239, prepsainthelens@gmail.com

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

FOR ADULTS WHO DESIRE TO JOIN THE CATHOLIC FAITH: (please call office)

CATHOLIC WOMEN'S LEAGUE (CWL): Flavia Musso, 604-299-4466

CHILDREN'S LITURGY COORDINATOR: Jaime Poldrugo. (please call office)

EUCCHARISTIC MINISTERS' COORDINATOR: Marivic Morelos, 778-881-6505

KNIGHTS OF COLUMBUS: Tony Ramalho, 604-294-5501

LECTORS COORDINATOR: (please call office)

SAFE ENVIRONMENT COORDINATOR: Ariana Quashie, (please call office)

SENIORS CLUB: Tecla Volpe, (please call office)

YOUTH ADULT GROUP: Please call during office hours.

WELCOME VISITORS AND NEW PARISHIONERS! PLEASE REGISTER.